

Turning Point Couples and Individual Counseling

our relationship has fallen off track and is strained. You're at the end of your rope and feel like you can't get anything right. You and your partner struggle with communication, you're always arguing. You're constantly on edge, feeling depressed, anxious and burnt out. Perhaps there has been infidelity in the relationship or maybe you've been separated for a while and you're unsure. Imagine being able to safely bring anything up without the other getting defensive or shutting down. There is hope. I teach couples to heal past wounds, resolve conflict, & build connection and intimacy. I specialize in Gottman Couples counseling. Serving ALL of NJ via Tele-health. Call, Text or email today.



Turning Point Couples and Individual Counseling

[39 NJ-12, Flemington, NJ 08822, United States](#)

+19089897484

Open

Monday	9 AM–7 PM
Tuesday	9 AM–7 PM
Wednesday	9 AM–7 PM
Thursday	9 AM–7 PM
Friday	9 AM–4 PM
Saturday	Closed
Sunday	Closed

[Couples Counseling](#)

[Couples therapy](#)

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[Couples Intensive Therapy](#)

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